

HOME SCIENCE (064)
SAMPLE QUESTION PAPER
(2023-2024) CLASS XII

TIME-3 hours

M.M-70

GENERAL INSTRUCTIONS-

- 1.All questions are compulsory.
- 2.There are total 35 questions.
- 3.Question paper is divided into four sections-A, B, C and D.
- 4.Section A has question no.1 to 14 (Multiple choice questions) and are of 1 mark each.
- 5.Section B has question no.15 to 18 (case-based questions) and are of 1 mark each.
- 5.Section C has question no. 19 to 25 of 2 marks each and question no.26 to 29 of 3 marks each.
- 6.Section D has question no.30 to 33 of 4 marks each and question no.34 and 35 are of 5 marks each.
- 7.Internal choices are given in some questions.
- 8.Support your answers with suitable examples wherever required.

S.No.	SECTION A (MULTIPLE CHOICE QUESTIONS)	Marks	Typology of Questions
1.	Hot pant is an example of- a. Classic b. Fashion c. Fads d. Style	1	MCQ
2.	Which of the following is not the guiding principle of ECCE? a. Blend of textual and cultural sources b. Experiential learning is emphasized c. Based on only informal interaction d. Health, wellbeing and healthy habits	1	MCQ
3.	Which Article of the constitution of India guarantees equality of opportunity for all citizens in matters related to employment? a. Article 16(1) b. Article 16(2) c. Article 26(1) d. Article 36(2)	1	MCQ
4.	Name the psychologist who emphasized on supportive environment for young children. a. Piaget b. Maria Montessori c. Vygotsky	1	MCQ

	d. Sigmund Freud		
5.	Which of the following method of washing is usually used in front load washing machine? a. Agitation b. Pulsation c. Tumbling d. Crumbling	1	MCQ
6.	Aditya is wearing dark pink kurta with light pink pajama. Which colour harmony he is referring to? a. Analogous b. Achromatic c. Accented d. Monochromatic OR The shapes that do not resemble any specific objects are- a. Natural b. Abstract c. Stylised d. Geometric	1	MCQ
7.	What is the full form of SEWA? a. Self-employed women association b. Self-employed work force association c. Sustainable employability women artisans d. Self-empowered women Association	1	MCQ
8.	The beneficiaries of NOAPS should be above - a. 65 years with destitute status b. 62 years with disrepute status c. 58 years with substitute status d. 60 years with constitute status	1	MCQ
9.	Find the incorrect statement from the following: a. Working and earning one's livelihood offers scope for hope, self-esteem and dignity. b. Meaningful work is useful to society or to others, is done responsibly and is enjoyable to the worker. c. A livelihood is driven by a deep desire to excel and a passionate need to grow. d. Work is a set of activities with an intended set of outcomes.	1	MCQ
10.	Select correct pair. a. Application of scientific knowledge in food production: Food adulteration	1	MCQ

	<p>b. Transformation raw ingredients into finished and semi-finished products: Food processing</p> <p>c. Mass production of food products: Food technology</p> <p>d. Changes that occur at various stages of food: Food manufacturing</p>		
11.	<p>Match List I with List II</p> <p>List I (Youth Programmes)</p> <p>A. National Service Scheme</p> <p>B. Scouts and Guides</p> <p>C. Promotion of Adventure</p> <p>D. National Service Volunteer Scheme</p> <p>List II (Activities)</p> <p>I. Adult Education</p> <p>II. Study of flora and fauna</p> <p>III. Organising Rallies</p> <p>IV. Tree plantation</p> <p>Choose the correct option from the following-</p> <p>a. A – III; B – IV; C- II; D – I</p> <p>b. A – IV; B – III; C- II; D – I</p> <p>c. A – II; B – III; C- IV; D –I</p> <p>d. A –I; B –II; C-III; D – IV</p>	1	MCQ
12.	<p>Match List I with List II</p> <p>List I (Mode of communication)</p> <p>A. Radio</p> <p>B. Press</p> <p>C. Television</p> <p>D. ICT</p> <p>List II (Features)</p> <p>I. Economic activity</p> <p>II. Most popular</p> <p>III. Pillar of Democracy</p> <p>IV. EDUSAT</p> <p>Choose the correct option from the following-</p> <p>a. A – III; B – IV; C- II; D – I</p> <p>b. A – IV; B – III; C- II; D – I</p> <p>c. A – II; B – III; C- IV; D –I</p> <p>d. A –I; B –II; C-III; D – IV</p>	1	MCQ
13.	<p>Ergonomics is the judgement of adjustment of human and machine which involves application of human biological sciences combined with engineering science to achieve optimum mutual adjustment of human work, with the benefit being measured in terms of human efficiency and well-being. It is important for-</p> <p>i. Improving job effectiveness</p> <p>ii. Improve social interaction of workers</p> <p>iii. Reducing productivity</p> <p>iv. Improving Economic infrastructure of the country</p>	1	MCQ

	<p>Choose the correct option from the following-</p> <ul style="list-style-type: none"> a. i and ii b. ii and iii c. i and iv d. iii and iv <p style="text-align: center;">OR</p> <p>Which of the following soft skills are required by a person who wants to join textile industry?</p> <ul style="list-style-type: none"> i. Learning effectively ii. Positive health iii. Communicating clearly iv. Prevention of negative behaviour <p>Choose the correct option from the following-</p> <ul style="list-style-type: none"> a. i and ii b. ii and iii c. i and iii d. iii and iv 		
14.	<p>Knowledge in area of consumer education and protection can help to develop career in -</p> <ul style="list-style-type: none"> i. Government and Non-Government organizations ii. Journalism and Audio-visual publicity iii. Merchandising and forensic science iv. Financial advisor <p>Choose the correct option from the following-</p> <ul style="list-style-type: none"> a. i and ii b. ii and iii c. ii and iv d. i and iv 	1	MCQ
SECTION B (CASE BASED QUESTIONS)			
	<p>Read the passage carefully and answer question no. 15 to 18</p> <p>Food safety and quality are important at the home level, but are critical in large scale food production and processing, and also where food is freshly prepared and served. In the past, many foods were processed at home. Advancement in technology and processing, higher per capita incomes and better purchasing power as well as increased consumer demand have led to a variety of processed foods, food for</p>		CBQ

	health / functional foods being manufactured. Safety of such foods needs to be assessed.		
15.	<p>Which of the following is incorrect pair?</p> <ul style="list-style-type: none"> a. Seeds: Physical Hazard b. Salmonella: Biological Hazard c. Probiotics: Chemical Hazard d. Hepatitis: Pathogen 	1	
16.	<p>Which of the following is responsible to eliminate false labelling of the products?</p> <ul style="list-style-type: none"> a. GMP b. GHP c. HACCP d. GDP 	1	
17.	<p>Given below are two statements labeled as Assertion (A) and reason (R). ASSERTION(A): Your mother is suffering from skin disease and doctor has advised her not to work in kitchen. REASON(R): Staphylococcus aureus are also present in the nasal passage, throat and on skin, hair of healthy individuals too. Select the most appropriate answer from the options given below:</p> <ul style="list-style-type: none"> a. Both A and R are true and R is the correct explanation of A. b. Both A and R are true but R is not the correct explanation of A. c. A is true but R is false. d. A is false but R is true. 	1	
18.	<p>Given below are two statements labeled as Assertion (A) and reason (R). ASSERTION(A): FSSAI is responsible for framing of regulations to lay down the standards and guidelines for articles of food and system of enforcing various standards. REASON(R): It also lays down mechanisms and guidelines for accreditation of certification for international exchange of goods and services. Select the most appropriate answer from the options given below:</p>	1	

	<p>a. Both A and R are true and R is the correct explanation of A.</p> <p>b. Both A and R are true but R is not the correct explanation of A.</p> <p>c. A is true but R is false.</p> <p>d. A is false but R is true.</p>		
	SECTION C (SHORT ANSWER QUESTIONS)		
19.	<p>Despite the rich heritage of traditional occupations, in the modern context, these works of art are gradually losing out to mass-produced goods.</p> <p>Suggest any four areas where interventions are required for the revival of these occupations.</p>	2	SA
20.	<p>Mention four stages of guest cycle to Mr. Anurag who has recently joined the Front Desk.</p> <p style="text-align: center;">OR</p> <p>Mr. Sushant is the hospitality management graduate. He joined the hotel as front office receptionist. What will be his four duties/responsibilities?</p>	2	SA
21.	Give four objectives of diet therapy.	2	SA
22.	“An analytical capability is pre-requisite of a fashion merchandiser”. Justify this statement with two reasons.	2	CBQ
23.	What could be the four factors that lead to food deterioration or spoilage?	2	SA
24.	<p>Viren wants to work with vulnerable group of society. He is doing his graduation from renowned state university. Advise him with two courses he can do along with his graduation.</p> <p style="text-align: center;">OR</p> <p>Aarav wants to work in the day care center. What four skills he must possess?</p>	2	CBQ
25.	Mention two key roles of each CAC and WTO in protecting health of the consumers.	2	SA
26.	Mrs. Sharma went to buy wedding clothes for her daughter from the market. Compare and contrast about three types of different stores she must visit.	3	CBQ
27.	<p>What do you understand by the term ‘Development Communication’? Write any four essential features of it.</p> <p style="text-align: center;">OR</p> <p>Explain the term Campaign with the help of an example. How is it effective tool of communication? Support your answer with two reasons.</p>	3	SA
28.	a. What do you mean by functional food? Give an	1+2=3	SA

	<p>example.</p> <p>b. Roma wants to develop new recipe of pickle. What four skills she must possess?</p>		
29.	<p>a. Enlist any four duties of the staff who are working in the restaurant.</p> <p>b. Give any two skills they must possess while dealing with the customers.</p> <p style="text-align: center;">OR</p> <p>Enumerate any three roles of housekeeping department of the hotel.</p>	2+1=3	SA
SECTION D (LONG ANSWER QUESTIONS)			
30.	<p>Amrita is a pure vegetarian. She purchased frozen cheese balls from the grocery store, later on she found colouring ingredient in it. Neither the advertisement nor the packaging of the product has shown that it contained any permitted food colour. She asked shopkeeper to return but he refused.</p> <p>a. Give two rights which were not fulfilled /violated in the above situation.</p> <p>b. Explain her any four responsibilities she must have followed before buying any commodity.</p>	2+2=4	CBQ
31.	<p>Elaborate any two ways each of creating balance and proportion in the dress.</p> <p style="text-align: center;">OR</p> <p>Demonstrate any four colour harmony of contrasting colour scheme.</p>	4	LA
32.	<p>Your friend Rohan is medical nutrition therapist in a city hospital.</p> <p>a. Indicate any four methods he will use to obtain the information on the patient's nutritional status and needs.</p> <p>b. Which is the best mode of feeding he will suggest for your grandfather who has undergone intestinal surgery and why?</p> <p>c. What type of diet he will recommend for your grandfather once he recovers and why?</p>	2+1+1=4	CBQ
33.	<p>In order for the child to grow optimally in all areas, it is important that the child's needs for food, shelter, health care, love, nurturance and stimulation be met in a holistic manner. SOS children's village and ICDS are example of some of the initiatives operating in the country to meet the needs of vulnerable children.</p>	1+1+2=4	CBQ

	<p>a. When was first SOS village established?</p> <p>b. What is the main aim of SOS village?</p> <p>c. How can you distinguish it with ICDS? Give two points.</p>		
34.	<p>a. Outline three each short-term and long-term strategies implemented to solve nutritional problems in India.</p> <p>b. Describe any two nutrition programmes operating in our country.</p> <p style="text-align: center;">OR</p> <p>a. Compare three each benefit and drawbacks of Food or Diet based strategies used to combat public nutrition problems in India.</p> <p>b. What are the two functions of Iodine in human body? Tell two ill- effects if pregnant woman is not taking recommended amount of iodine in her diet.</p>	3+2=5	LA
35.	<p>Mohan has recently opened Hi- tech laundry in the city. He got a contract signed with the Government hospital.</p> <p>a. What two important points he must consider while doing hospital laundry?</p> <p>b. Write eight steps of the process of laundry function in hospitals.</p>	1+4=5	CBQ