

NCERT SOLUTIONS FOR CLASS 5 EVS

CHAPTER 9: UP YOU GO



Exercise: Tell

Q1. Have you ever seen the mountains? Have you also climbed a mountain? When and where?

Ans: I think mountain paths are like twisty lines on a map. They go up, down, and around the mountains.

Q2. How far have you walked at one time? How far can you walk?

Answer: I walked my longest distance of 3 kilometers once. I think I can walk up to 10 kilometers if I try.

Ans: The water collected on the roof comes down in the pipes and gets stored in the tank below.



Exercise: Imagine

Q1. What do you think about the paths on the mountains? Draw a picture.

Ans: I think mountain paths are like twisty trails that go up and down hills. They give us beautiful views as we walk along them.



NCERT SOLUTIONS FOR CLASS 5 EVS

CHAPTER 9: UP YOU GO



Exercise: Tell

Q1. What do you think about the responsibilities of a group leader?

Ans: A group leader's job is to help everyone, guide the group, and take care of what everyone needs.

Q2. How would you feel if you were made a leader in such a camp?

Ans: Being a leader at camp would make me feel proud and more confident. I'd work hard to do a good job with my responsibilities.

Q3. What does a monitor in your class have to do?

Ans: The class monitor helps by getting things like chalk and duster ready for the teacher, keeps the class in order, and tells the teacher about any problems when they're not there.

Q4. Would you like to be the class monitor? Why?

Ans: Yes, I'd like to be the class monitor because I enjoy taking on challenges and helping out.



Exercise: Find Out and Write

Q1. What kinds of tools are needed for climbing mountains?

Ans: To climb mountains, we need things like spike shoes (crampons), a rope, a device for safely using the rope (belay device), a safety harness, an ice axe for snow, protection gear, a pulley, a helmet for safety, gloves, a first aid kit for emergencies, an oxygen cylinder for high altitudes, snacks, a water bottle, and a flashlight.



NCERT SOLUTIONS FOR CLASS 5 EVS

CHAPTER 9: UP YOU GO



Q2. Have you ever seen a hook and rope being used for anything else? Where?

Ans: Yes, I've seen hooks and ropes used in different ways. They help get water from wells, lift heavy stuff up buildings, and rescue people in accidents.

Q3. What else can we use if we want to cross a river in the mountains?

Ans: Besides a thick rope, sling, and anchors (pitons), we can use a bridge or a boat to get across a river in the mountains.

Q4. Why do we need extra energy in the mountains?

Ans: We need more energy in the mountains because we're moving uphill against gravity, which tries to pull us down, and walking on uneven ground requires more effort.

Q5. Have you ever heard of anyone who has done something adventurous? What?

Ans: Yes, a friend of mine went scuba diving, which is quite an adventure, exploring underwater worlds.

Q6. Have you ever done anything adventurous? If yes, tell your class. Write about it in your own words.

Ans: I tried paragliding, which was super exciting. Floating above, everything below looked tiny, and it felt like I was part of the sky. It was an unforgettable adventure.



Exercise: Tell

Q1. Have you ever climbed a tree? How did you feel? Were you scared? Did you ever fall?

Ans: Yes, I climbed a tree once. I was a bit scared of falling, but I didn't fall. It was actually really exciting!



NCERT SOLUTIONS FOR CLASS 5 EVS

CHAPTER 9: UP YOU GO



Q2. Have you ever seen someone climb a small wall? What do you think is the difference between climbing a wall and climbing a high rock?

Ans: Yes, I've seen kids climb small walls. Climbing a wall is easier and doesn't need equipment like ropes or gear. Climbing a big rock is harder, needs special tools, and feels scarier because it's much higher.



Exercise: Tell

Q1. Is there anyone in your class whose language you do not understand or who does not understand yours? What do you do in such a case?

Ans: Yes, a classmate and I speak different regional languages, making it hard to understand each other sometimes. We use a language we both know or sometimes use hand gestures to communicate.

Q2. Have you ever lost your way? What did you do then?

Ans: I've gotten lost a few times. When it happened, I called my dad and told him where I was so he could help me.

Q3. Why do you think Khondonbi would have sung loudly?

Ans: Khondonbi might have sung out loud to make it easier for her team to find her and her friend in the dark.

Q4. Have you ever seen someone doing something special to get over their fear? What and when? Discuss.

Ans: Once, my cousin was really scared on a giant swing, so she closed her eyes and yelled really loud to help her deal with her fear.



NCERT SOLUTIONS FOR CLASS 5 EVS

CHAPTER 9: UP YOU GO



Exercise: Tell

Q1. Why do you think a drain was dug around the tent?

Ans: A drain was dug around the tent to prevent water from entering the tent area during rain, keeping the inside dry.

Q2. Besides mountaineering, what are other activities that can be called adventurous? Why?

Ans: Other adventurous activities include paragliding, hiking, rock climbing, bungee jumping, and canyoneering because they all offer thrilling experiences and challenges that test our limits and connect us with nature.



Exercise: Discuss

Q1. Why do you think a drain was dug around the tent?

Ans: A drain was dug around the tent to prevent water from entering the tent area during rain, keeping the inside dry.

Q2. Besides mountaineering, what are other activities that can be called adventurous? Why?

Ans: Other adventurous activities include paragliding, hiking, rock climbing, bungee jumping, and canyoneering because they all offer thrilling experiences and challenges that test our limits and connect us with nature.



Exercise: Discuss

Q1. You are on a mountain. How do you feel there? What can you see? What do you feel like doing there?

Ans: Standing on a mountain fills me with excitement. Around me, snow blankets everything, turning green trees into stunning white sculptures. The urge to play in the snow, make snowballs, and slide down the snowy slopes is irresistible.



NCERT SOLUTIONS FOR CLASS 5 EVS

CHAPTER 9: UP YOU GO



Exercise: Think

Q1. Why did Bachhendri put up the Indian flag on the peak?

Ans: Bachhendri hoisted the Indian flag at the peak as a tribute to our nation, showcasing pride and achievement.

Q2. When have you seen our national flag being hoisted? Collect information on our national flag.

Ans: Our national flag is raised during Republic Day and Independence Day celebrations at schools and public buildings, symbolizing our unity and freedom. The flag features three horizontal stripes of saffron, white, and green, with a navy-blue Ashoka Chakra in the center. The flag's design signifies courage, peace, and faith, and the Chakra reflects eternal motion and progress.



Q3. Have you seen the flag of any other country? Where?

Ans: Yes, I've seen flags from different countries through the internet, TV programs, and in books, showcasing the diversity and identity of each nation.



NCERT SOLUTIONS FOR CLASS 5 EVS

CHAPTER 9: UP YOU GO



Exercise: What we have learnt

Q1. Explain why it can be adventurous and challenging to climb a mountain. How would you prepare if you were to climb a mountain? What would you take with you? Write in your own words.

Ans: Climbing a mountain is both adventurous and tough because it tests our strength, courage, and ability to face challenges. Before attempting a climb, I'd make sure I'm ready in both mind and body, practicing to build my strength and learning about the mountain. To stay safe and manage any situation, I'd bring climbing gear, a first aid kit, enough food and water, and an oxygen cylinder for high altitudes. This preparation helps me feel excited and confident about the adventure ahead.



PHYSICS WALLAH

To Know More:

[CLICK HERE](#)

