World Heart Day 2024

World Heart Day is observed on September 29 every year to raise awareness about heart disease and preventive measures that can help prevent and manage cardiovascular diseases. This year, the theme of the World Heart Day is "Use Heart for Action"

- World Heart Day was established by the World Heart Federation (WHF) in partnership with the World Health Organization (WHO) in 1999.
- The first official observance occurred on September 24, 2000, aiming to raise awareness about the rising impact of heart disease and stroke.
- Initially, the day was observed on the last Sunday of September, but in 2011, the WHF set the date as September 29 each year to standardize the event and increase its global visibility.

BCCI inaugurates National Cricket Academy in Bengaluru

The Board of Control for Cricket in India (BCCI) inaugurated the new National Cricket Academy (NCA) in Bengaluru, today.

- The world-class facility will now be called the BCCI Centre of Excellence (CoE).
- Spanning over 40 acres of land in Bengaluru, the BCCI Centre of Excellence features a total of three world-class grounds and 86 pitches, including both indoor and outdoor areas.
- It also has 45 outdoor net pitches for practice, all separated by safety nets sourced from the UK.
- The current president of the Board of Control for Cricket in India (BCCI) is Roger Binny.
- He took over the position in October 2022, succeeding Sourav Ganguly. Binny, a former Indian cricketer, is best known for his role in India's 1983 World Cup-winning team.

International Indian Film Academy (IIFA) Awards 2024

International Indian Film Academy (IIFA) Awards 2024, which took place in Abu Dhabi, was about celebrating the movies and talents of the Hindi film industry.

Here's the full list of winners at IIFA 2024:

- **Best Film:** Animal
- **Best Actor:** Shah Rukh Khan, Jawan
- **Best Actress:** Rani Mukerji, Mrs Chatterjee vs Norway
- **Best Director:** Vidhu Vinod Chopra, 12th Fail
- **Best Supporting Actor:** Anil Kapoor, Animal
- **Best Supporting Actress:** Shabana Azmi, Rocky Aur Rani Kii Prem Kahaani
- **Best Actor in Negative Role:** Bobby Deol, Animal
- **Best Story:** Rocky Aur Rani Kii Prem Kahaani
- **Best Story (Adapted):** 12th Fail
- **Best Music:** Animal
- **Best Lyrics:** Siddharth-Garima, "Satranga" from Animal
- **Best Singer Male:** Bhupinder Babbal, "Arjan Vailly" from Animal
- **Best Singer Female:** Shilpa Rao, "Chaleya"
- **Outstanding Contribution to Indian Cinema:** Jayantilal Gada, Hema Malini

Here is the list of winners from IIFA Utsavam 2024: Tamil:

- **Best Picture:** Jailer
- **Best Actor:** Vikram (Ponniyin Selvan: II)
- **Best Actress:** Aishwarya Rai Bachchan (Ponniyin Selvan: II)
- **Best Director:** Mani Ratnam (Ponniyin Selvan: II)
- **Best Music Direction:** AR Rahman (Ponniyin Selvan: II)
- **Best Performance in a Negative Role:** SJ Suryah (Mark Antony)
- **Best Performance in a Supporting Role (Male):** Jayaram (Ponniyin Selvan: II)
- **Performance in a Supporting Role (Female):** Sahasra Shree (Chithha)

A new catfish species, *Exostoma sentiyonoae*

A new catfish species, *Exostoma sentiyonoae*, was discovered in Nagaland's Dzuleke River, part of the Barak River system.

- This species, measuring about 75.8 mm, was identified by researchers from the Zoological Survey of India and Kohima Science College.
- It stands out for its unique physical features, including a slender head, connected adipose and caudal fins, and tubercles on the dorsal fin spine.
- The discovery highlights the biodiversity of the region and the need for further ecological studies and conservation efforts.

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